

We at Allison Atwood Pediatric Occupational Therapy, are concerned about the health and safety of you and your child. Due to the recent pandemic, we will be reopening with new policies and procedures to mitigate risks of contracting COVID-19 for all staff and families. These policies and procedures are in line with the most updated Centers for Disease Control (CDC) and Federal, State, County and the City of San Francisco guidelines. We will continue to monitor these guidelines in the coming weeks and modify our procedures when necessary based on the agencies' updated reports.

### **Social Distancing**

1. Our waiting room and our upstairs office are currently closed. We ask that if your child is able to participate in therapy without a parent/caregiver present, we will greet you at the door and walk them into the clinic. Therapy sessions will continue to be 50 minutes to allow for us to discuss what was completed at the end of the session. This can take place outside at a distance. Caregivers wearing a face covering will be allowed to participate in the therapy session if approved by the therapist.
2. We will make every effort to maintain a distance of 6 feet or more from your child during the therapy session. However, sometimes it is not possible to maintain this distance between the therapist and your child due to the nature of some physical activities. If you are not comfortable with this sporadic close contact, telehealth therapy is recommended as an alternative.
3. There will only be one therapist and one child working in a room at a time to reduce the physical contact and amount of people in the space. We will be working at a modified schedule with at least 15 minutes between each therapy session to ensure that there is plenty of time to sanitize all equipment and all common touch points throughout the clinic such as doorknobs, toilets, and benches.

### **Protective Equipment**

1. **Face Mask:** We will be wearing a face mask at all times during a therapy session. All children 12 years or younger are not required to wear a face covering. If your child tolerates wearing a mask, please have them do so for the therapy session. If they are not able to tolerate wearing a mask, it is acceptable for them to still attend therapy without one.

2. Eye Protection: We will be wearing clear eye protection as an added precaution to limit the spread of infection between children. It is not necessary for your child to wear eye protection.

### Monitoring Clients for Indicative Symptoms

1. All therapists will be taking their temperature before the start of each day. We ask that you take your temperature (if present for therapy) and your child's temperature before entering the clinic without the use of any fever-reducing medicines such as acetaminophen or ibuprofen. Taken from the CDC guidelines, we request that if you or your child has a fever of 100.4 degrees Fahrenheit or higher to please stay home and let the therapist know by phone, email, or text immediately. The child will not be able to return for in-person therapy sessions until the fever returns to normal or they are cleared by a medical professional. A telehealth therapy session may be an alternative if your child is feeling better and able to participate.

### Health Screening

1. All families will be sent by email a brief Health Screening Questionnaire at the beginning of the day before your child's therapy session. Please fill out the questionnaire before the therapy session starts. We will not be able to start the session until the questionnaire is complete.
2. If there are any questions on the questionnaire that indicate possible exposure to COVID-19, the therapy session will be cancelled. All therapy sessions will be cancelled and conducted via telehealth until there is a cleared health screening.
3. Please contact your therapist immediately if you or your child, or anyone you have been in contact with, has been diagnosed with COVID-19. If a therapist were to be diagnosed with COVID-19, we will notify all families who may have been in contact with them immediately. This information will remain confidential in accordance with HIPAA and ADA guidelines.
4. If a therapist or family receives a diagnosis of COVID-19, they will not be allowed back to the clinic for in-person therapy sessions until cleared in writing by a health professional and completed the full 14 day quarantine as recommended by the CDC..

### Sanitation

1. All therapists and families will be asked to wash their hands upon entering and leaving the clinic for 20 seconds with soap and water. Hand sanitizer with an alcohol content of 60% or higher will be available throughout the clinic to be used during the therapy session when necessary.
2. All parents and/or children will be asked to wash their hands during the session if there is a possibility that they have been contaminated by touching their face, nose or mouth.
3. All areas such as doorknobs, light switches, knobs on faucets, etc/ that were touched by persons in the clinic will be disinfected between therapy sessions using a disinfectant spray or wipe that is approved for use against COVID-19.
4. All equipment and materials used during a therapy session or that may have come into contact with the therapist or child will be disinfected using a disinfectant spray or wipes recommended by the CDC. Therapy sessions will be scheduled with a 15-20 minute window between each session to allow for the disinfectant spray to be effective.

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By signing this document, I understand that my child's therapist, Allison Atwood, is taking measures to mitigate the risks of infection. I will not hold my therapist or Allison Atwood responsible if I, or my child, contact COVID-19 or any other virus.

### Pandemic Agreement

#### Responsible Party Signature:

Name (print):

Date:

Relationship to child: